



2017 Summer Newsletter



Changing the World....one life at a time.

Summertime.... a season to take a break, time off, a staycation, a getaway, a much-needed break or vacation away to paradise. A long awaited and much needed season of rest, and relaxation. Time to breath in and enjoy quiet time, family life, and quality moments with friends and family.

During this year, we have been privileged to work with the social entrepreneurs who are not business entrepreneurs changing the economy, but creating social change to our communities. They are inspiring and innovative individuals who question the everyday challenges, the status quo, seek out new opportunities and choose to never ever give up! They seem to strive to make this world a better place for the less fortunate and the voiceless. It's incredible!

Individuals who choose the path of social entrepreneurship typically are driven by passion and a sense of mission not because of a paycheck. The non-profit sector has millions of individuals stepping into roles across the world to solve problems where others such as government and bureaucracies have failed. Through these individual's determination and innovation even one person can make a wonderful and impactful difference.

As we move through 2017, I would like to encourage each of you to continue stepping forward with Change a Life Foundation in being a social entrepreneur and change lives together. Thank you to each and every one, who is making a difference in so many lives collectively.

Lisa Fujimoto,
Executive Vice President & Director
Change a Life Foundation
Summer 2017

8 THINGS THAT CHANGE YOUR LIFE IN ONE YEAR

1. Stop complaining and appreciate how lucky you are every day.
2. Embrace loneliness and reinvent yourself in the process.
3. Say goodbye to the people that don't bring positive energy into your life.
4. Throw off the TV and set Internet controls.
5. Pick one skill you want to cultivate and put all your effort into developing it.
6. Commit to the goals you set and never look back.
7. Sweat every day to boost your mood.
8. Fail forward. Learn from every mistake you make.

2017 Scholarship Awards Breakfast & Celebration



Change a Life Foundation selected 48 distinct students to receive a \$5,000 college scholarship for 2017 tuition.

These scholars were recognized for their hard work, determination, and persistence on Saturday, June 3 at the

2017 Scholarship Breakfast & Celebration event held at the Island Hotel in Newport Beach.

What a special day it was to honor such

wonderful young adults!
[Click Here](#) to view our Facebook album!



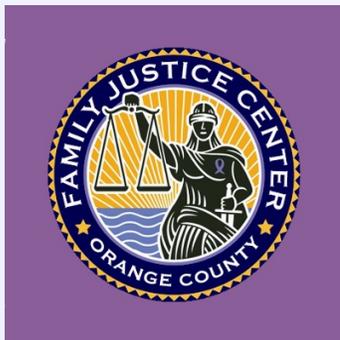
101 Mobility

Our new approved vendor, 101 Mobility, provides accessibility solutions such as stair lifts, wheelchair ramps, patient lifts, platforms, life chairs, bathroom safety, automatic door openers and automobile lifts. They service Orange County, Southern LA County, & Western Riverside

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WELCOME!

Change a Life Foundation is proud to welcome
our new nonprofit partner agencies:



The mission of the is to provide direct victim assistance and empowerment and prevention resources to victims and families whose lives have been impacted by domestic violence, child abuse, sexual assault and elder abuse. It is a nonprofit created to financially maintain the many social services needed to empower survivors of family crimes to lead sustainable and violent-free lives.



Project Hope Alliance is a purpose-driven organization whose mission it is to end the cycle of homelessness, one child at a time. Project Hope Alliance focuses on lifting needful families up from homelessness and eliminating obstacles that prevent homeless children from attending and excelling in school.



Family Assistance Ministries is a faith-based non-profit organization providing a variety of services focused on preventing homelessness and hunger such as shelter, food, and personalized supportive counsel and aid.

Grantee Spotlight



A grant was submitted to Change a Life Foundation by LifeSTEPS for their client, Carol.

Carol has severe asthma and COPD, and manages her symptoms with the use of inhalers and steroid medication. However, her medications have affected her oral health over the years and caused the enamel on her teeth to deteriorate. Additionally, her mattress was also over 25 years old and aggravated her COPD. She often slept on the living room chair which was still painful for her.

Change a Life Foundation awarded Carol a grant for dental work and a new mattress. She is now able to chew foods and has added more nutritious foods back into her diet. Carol is also getting a better night's rest every night and wakes up without back pain. She has more energy, allowing her to live independently longer in her apartment. Overall, she has a greater quality of life!

Grantee Spotlight

A grant was submitted to Change a Life Foundation by Ava's Heart for their client, Anna.

Anna was diagnosed with a viral infection called Cardio Myopathy. She managed her condition for 13 years with medication and a pace maker. Recently, she became very ill and was waitlisted for a heart. However, she was unable to receive the transplant before she had secure housing near the hospital for her recovery.

Change a Life Foundation awarded Anna a grant to cover the cost of 75 days of post-transplant housing. The post-transplant housing allowed her to have a steady place to live near the hospital so she could attend her weekly clinic treatments and regain her strength. She is now out of the hospital and preparing to start school in the fall to become a phlebotomist.



Month



Get involved and raise awareness about Alzheimer's disease and other dementias. Everyone who has a brain is at risk to develop Alzheimer's, a disease that is often misunderstood. Did you know:

- Alzheimer's is fatal. It kills more than breast and prostate cancer combined.
- Alzheimer's is not normal aging. It's a progressive brain disease without any cure.
- Alzheimer's is more than memory loss. It appears through a variety of signs and symptoms.

