



2016 *Fall Newsletter*



Of all the seasons, autumn is my favorite. There is just a feel I experience during this season—a distinct and undeniable sense that surrounds it. Autumn brings the changing colors, the autumn leaves as well as, the crispness in the air in the mornings and evenings. Often times, as I walk my dogs at night, I can smell homes with fires in their fireplaces... that's the beginning of fall to me.

I think of autumn as time of reflection too; a time to step back and analyze life at what has been accomplished, and what we wished we could have achieved but didn't to gain perspectives for the coming year. Taking the time to look at what we do and why, never ceases to amaze the foundation team, to take that time to really look at what we do and evaluate ourselves annually. Are we doing it the best we can, to truly honor our donor's intent and legacy. Make sure our Programs and Grants operate the way he intended for them to be implemented. Each year the CALF Team has a planning day and plans for the entire next year and backdates all activities, meetings and programs. We evaluate what we are doing, and how we can do it better.

Often this implies change; another reason autumn seems to represent a season of reflection. I'm thankful for a season of change and opportunity for perspective. This season brings beauty and opportunity for roots to grow deeper, and others to be pruned so that we can be more fruitful in the future.

Lisa Fujimoto
Executive Vice President

2017 Grant Deadline Dates

January
18

March 8

April 26

July 12

October 4

*Please note, we have FIVE cycles this year!

Ava's Heart Inaugural *Heroes Ball*

On Saturday September 17th, Change a Life Foundation and Executive Vice President, Lisa Fujimoto, were honorees at Ava's Heart's Inaugural *Heroes Ball* event, held at the beautiful Avalon Theater in Hollywood, CA. The Heroes Ball raised funds to support Ava's Heart's mission- to provide support for transplant recipients and candidates, ensuring they receive medication, housing, financial aid, and that which is not covered by insurance during their transplant journey - The Heroes Ball also brought awareness to the problems and difficulties transplant patients face pre and post transplant, and how transplant not only affects the recipient, but the entire family. We want to congratulate Ava's Heart for a successful and inspiring event!

www.avasheart.org





We're Moving On November 30, 2016

Change a Life Foundation is relocating our offices after 10 years in Irvine. We are moving to Old Town Orange just off the Orange Circle. Our new address is:

Change a Life Foundation
158 N. Glassell, Suite 204
Orange CA 92866

GRANTEE SPOTLIGHT

Andrea

A grant was submitted by Habitat for Humanity East Bay/Silicon Valley (NorCal) for their client, Andrea.

Andrea and her family lived in a small one-bedroom apartment that posed many health risks. Their living conditions triggered severe coughing that disrupted their sleep and negatively affected their daily lives. Andrea and her husband feared that the conditions of their home would lead to long-term health problems.

Change a Life Foundation awarded Andrea and her family a grant to cover the final dollars to complete their new home. They are now living comfortably in a 4-bedroom sustainable green home that they helped build by contributing 500 hours of "sweat equity." Their new home has improved indoor air quality and no issues with mold or other allergens, allowing them to regain their health! Their new home will also provide them with long-term savings on electrical bills, water bills, and medical bills.





2017 Annual In-Service Event

Change a Life Foundation's
2017 In-Service Event is taking place on **Wednesday, February 15th, 2017**
and will be held at the
California Endowment Center in Los Angeles.
Registration begins at 8:45am.
Invitations to follow!



GRANTEE SPOTLIGHT *Delores*

A grant was submitted by Peoples' Self-Help Housing (located in the Central Coast) for their client, Delores. Delores was diagnosed with a rare skin disease that required medication that affected her teeth. She was in need of several crowns and a realignment of her top denture. Because her top denture was loose, she struggled to eat nutritious foods and found it very uncomfortable to chew. Change a Life Foundation awarded Delores a grant for her dental work. The dental work has improved her health by allowing her to eat a more nutritious diet. Delores is grateful that eating is no longer a chore, but something that has become enjoyable once again. She is more comfortable by having a full set of healthy teeth that fit well and her quality of life has drastically improved!
